

Sizing with Penelope Pegggers

How your Breasts Change Size During Pregnancy and Nursing



Here is our gal “Penelope Pegggers” – foot loose and fancy free 3 days before she knows she’s pregnant! She is wearing – and perfectly fitting – a 34B (our size S)*.

Penelope is now **3 months pregnant!** She is noticing many changes in her body, including her breasts and ribs. She is still wearing her 34B, but is starting to notice it is a bit tight. She is moving from a 34 - 36 and is beginning to be a C cup. She may be more comfortable in our S+.

6 months pregnant and Penelope is glowing! Her belly is more pronounced and her breasts and rib cage are both feeling bigger. She is a 36C now, and fully into our S+.

A full, radiant **9 months pregnant** and almost ready to deliver. Penelope’s breasts have felt a bit puffy and tender the last few weeks, and her ribs feel very pushed out. She knows her breasts will get bigger after she delivers. She is closer to a 36D now and is still wearing her S+, but not for long!

It is now **3-4 days after Penelope has given birth.** She has been breastfeeding since birth, but today her breasts are significantly bigger and heavier. She has increased at least a full size in the cup (to a DD or more) but she feels relief in her rib cage now that the baby is born. She bought a S++ for her new, heavier breasts. She is also wearing the bra to bed, for greater comfort.

Penelope and Baby Pam are happily working on their breastfeeding relationship, and Penelope noticed **around 10-12 weeks after birth** that her breasts have relaxed in size and weight. She could easily wear her S+ again.

*The sizing refers to our Original Nursing and Original Soft Cup bras.



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